



SPOKE

A LEARNING NEWSROOM FOR JOURNALISM STUDENTS



Staying out of the cold

Spoke reporter visits the less fortunate.

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MONDAY, DECEMBER 6, 2010

CONESTOGA COLLEGE, KITCHENER, ONT.

WWW.CONESTOGAC.ON.CA/SPOKE

42ND YEAR — NO. 27

Program co-ordinator honoured

By COURTNEY NIXON

Rob Gilchrist was the man of the hour on Nov. 12 at the Waterloo Region Home Builders' Association's awards of distinction ceremony where he was presented with the Lyle S. Hallman Award for his role in uniting and strengthening the association with Conestoga College's School of Trades and Apprenticeship.

The Lyle S. Hallman Award is presented annually to a WRHBA member whose work on behalf of the association has gone without receiving recognition.

Gilchrist is a professor in the carpentry program at Conestoga's Waterloo campus and co-ordinates five other programs; carpentry apprenticeship, renovation technician, construction techniques, women in skill trade and the roofing apprenticeship program that begins in January 2011.

Along with these programs, Gilchrist also teaches a dual credit course for 16- and 17-year-olds from the Waterloo Catholic District School Board and Avon Maitland District School Board. Students can receive one or both credits that go toward their post-secondary education.

The dual credit course allows students to obtain necessary high school credits in order to graduate as well as obtain college credits specific to carpentry programs. The students are registered as Conestoga College students with an official transcript. The mark they get in the class goes on their transcript and could give them a head-start in a program at Conestoga.

"It's good to recognize the importance of opportunities for your education," said Gilchrist.

Gilchrist looked around the job market before landing at

Conestoga College in 2005. He worked in construction for seven years and moved through a wide variety of jobs after, including plumbing, office building supply, agriculture and custom homes.

He would always end up back doing renovations, where he eventually knew he belonged.

"I always enjoyed it, and I felt like I wanted to pass it on to others," said Gilchrist.

Through his participation and involvement on WRHBA's Reno Council, Gilchrist helped the association gain the necessary support to develop a student ambassador program for second-year carpentry students.

The program educates students on what it means to be a part of a professional association, providing them with an opportunity for networking with industry professionals, and taking in the latest news affecting the residential construction industry.

struction industry.

Students are required to attend a Waterloo Region Home Builders' Association meeting during the school year and write a report, which goes toward their final credit.

Other recognizable activities Gilchrist completed in his first year of volunteering with WRHBA included providing the Roofing Centre as the venue for the Go With the Pro renovation seminar, and helping with the marketing and execution of the event, and assisting with the communication and co-ordination of the trades and apprenticeship student site tours during the ongoing construction of WRHBA's first-ever education house, a living classroom for students.

A very modest Gilchrist said, "Without the help of faculty, I couldn't have done it on my own."

"They deserve this award just as much as I do."



PHOTO SUBMITTED

Rob Gilchrist, left, was awarded the Lyle S. Hallman Award on Nov. 12 from Nathan Hallman for his role in uniting and strengthening the association with Conestoga College's School of Trades and Apprenticeship.

FIREFIGHTERS A RAY OF SUNSHINE



PHOTO BY LISA OLSEN

Adam Ruane holds a Conestoga firefighters' calendar on Nov. 24. Selling for \$10, the calendar features scenes from the college program and fire safety tips. Half the proceeds from each sale are going to the Sunshine Foundation, a charity that grants wishes for children with physical disabilities and life-threatening illnesses; the other half goes to raising funds for the firefighter banquet. The calendar is available at the bookstore and is on sale from now until the new year. The class will also be selling them until Dec. 10 at a kiosk in The Cambridge Centre. For more information on the Sunshine Foundation, visit www.sunshine.ca.

Ambulance station at Doon to be finished by spring

By LAURA BENNETT

Emergency help will soon be closer to Conestoga College. In fact, the Doon campus will be home to an actual ambulance station.

The project, currently under construction, came about thanks to the combined effort of the Region of Waterloo and Conestoga College.

"It's a practical facility for using the vehicles themselves," said John Prno, director of emergency medical services for the Region of Waterloo.

"From the college point of view it can be a learning classroom for paramedic and firefighting students to work on the vehicles," he said.

The college has its own ambulance and fire truck for the paramedic and pre-service firefighter education and training programs.

"The (station's) design was done in conjunction with the

college," said Prno, who also said there was a representative from the college and an architect to help with the plans.

Prno expects the entire project to cost a little over \$1 million. He said Waterloo Region will pay \$745,000 and that Conestoga College will contribute \$275,000.

The new ambulance station will house the college's ambulance and fire truck as well as an ambulance for the Region of Waterloo that will respond to emergencies.

"That ambulance will cover the south end of Kitchener, the west end of Cambridge and down the 401 towards Ayr," said Prno.

The station is being built on a piece of land in the northwest corner of the campus; west of the ATS building and north of parking lot 10.

"The building will have three drive-through

garages," said Doug Prier, the site superintendent for PAC construction, the company contracted to build the station.

"The trucks will drive into the building through the parking lot and then out onto Conestoga College Boulevard," said Prier. "The parking lot will not change; we will not be taking away or adding any parking spaces."

Prier and five other workers began building the station the first week of October. "We hope to be done by spring, 2011," said Prier, who said they will continue working throughout the winter. "The (weather) conditions have been great so far," he said. "The ground here is really good for drainage when it does rain."

Prier's company had to extract 10 trees from the site, but were able to transplant four of them.

Now deep thoughts ... with Conestoga College

Random questions answered by random students

If money were no object, what
would your ideal Christmas gift be?



"A car. A nice one."

Caitlin Whyte,
first-year
OTA PTA

"A year-long gym
membership."

Chad Courtney,
second-year
marketing



"Travel the world,
maybe see Hawaii."

**Kristen Popofski
and Hayley Halls,**
first-year
public relations

"My own island."

Michael Chan,
first-year
pre-health



"A sound studio. Or a rocket
ship."

Ryan Haberle,
second-year
radio broadcast

"Canada, the whole
country."

Ryan Vince,
first-year
OTA PTA



Smile Conestoga, you could be our next respondent!

Linamar and college partner to teach essential skills

Conestoga College has received funding from the Ontario government through Employment Ontario to partner with the Linamar Corporation on the delivery of a workplace essential skills program.

Pathways to Essential Skills will be delivered at Linamar's state-of-the-art training facility, The Frank Hasenfratz Centre for Excellence in Manufacturing, and at three Linamar plant locations in Guelph until March 31, 2011.

For the last 40 years, Linamar Corporation has grown to become a world-class designer and diversified manufacturer of precision metallic components and systems for the automotive industry and mobile industrial markets. Linamar employs close to 12,000 people in 38 manufacturing locations around the world, with sales close to \$1.7 billion in 2009.

Linamar employees will use online resources, created for this program, to improve on the nine essential skills that have been found to be critical for virtually every job in every workplace. These skills are reading, writing, numeracy, document use, thinking, oral communication, comput-

er use, working with others and continuous learning.

Trained by Conestoga College essential skills specialists, Linamar human resources staff will become "black belts" in essential skills and be able to support the Linamar staff development well into the future. Training in essential skills will allow Linamar employees the opportunity to develop their skills so that they are able to grow within the company. Progress of the project will be monitored by the Guelph Chamber of Commerce's workplace development committee, who will act as the project's steering committee.

Research shows that Canadians lag behind on essential skills knowledge, with almost 50 per cent of individuals performing under the levels required to function in most jobs. The innovative Pathways to Essential Skills project was designed by staff in the School of Career and Academic Access of Conestoga College. The project will provide individuals with opportunities to develop their skills. This essential skills training will allow employers and employees to keep up with evolving tech-

nology in the workplace. Involvement in this project is just one example of how the Linamar Corporation, as an employer, champions the development of their labour force through investment in the lifelong learning requirements of their employees.

Conestoga's partnership with the Linamar Corporation speaks to the innovative work that is happening within Wellington County around employment support.

The School of Career and Academic Access of Conestoga College has been delivering focused training, testing and support on essential skills since 2002. They have partnered with other employers in Waterloo Region and Wellington County on incorporating these skills in the way they do business. The school also operates the Conestoga Career Centres in Kitchener, Waterloo, Guelph and Stratford, which are open to everyone in the community.

Information on additional services provided through the School of Career and Academic Access and at Career Centres can be obtained by emailing career-centre@conestogac.on.ca, or at www.conestogac.on.ca/caa/

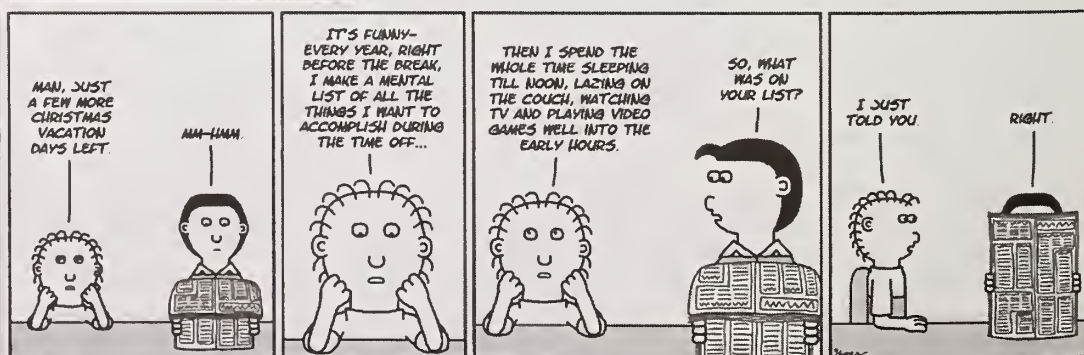
SANTA SNAPSHOTS FOR A GOOD CAUSE

Dila Pertiwi, Ashley Warner and Emily Damm pose for a picture with Santa in the Sanctuary on Nov. 24. The Conestoga Students Inc. Christmas fundraiser had students bring a donation for the food bank in exchange for a free 5 x 7-inch photo.

PHOTO BY MANDY LIVERANCE



LAST-DITCH EFFORT



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www.lde-online.com

Students pack them in at grand opening

By SARA BUSSE

Thanks to a group of Conestoga students, the grand opening of a local pizza store was fantastic.

Victoria Theriault, Amber Theriault, Jake Kudoba, Dwayne Furtado, and Cal Vola are all project management students who were given an assignment to initiate, plan, execute, monitor and close a real project that would produce real deliverables of use to a sponsor. The students chose to approach the new Pino's Pizza, located right across from the Doon campus at 2480 Homer Watson Blvd., Kitchener, and asked if they could plan their grand opening.

"We are given a higher grade for a high challenge project," said Theriault.

She said the owner, Ziko, was really excited with the idea since he had been planning a grand opening for months but never found the time to do it. The opening was held on Nov. 27 from 11 a.m.

to 3 p.m. and featured a face painter, some local bands and \$1 pepperoni slices.

"The grand opening went really well. We had a packed house, and everyone seemed to have a really good time," Theriault said.

The group wanted the event to be family friendly, and the kids who took part seemed to thoroughly enjoy themselves.

Due to the sudden weather change in the morning Theriault didn't think they would have a good turnout but by 1 p.m. it was very busy.

"We learned that hard work really pays off, and the event went well because we put to use the fundamentals we learned in our project management class," she said.

The group overall was happy with the event, but there were some things they would do differently to make the process much smoother.

"It was an amazing experience and we had a blast," Theriault said.



PHOTO SUBMITTED

Pino's Pizza, located across from the Doon campus on Homer Watson Boulevard, had a grand opening on Nov. 27 which was organized by Conestoga students.

Conestoga students' 'company' ranked No. 1 in the world

By KATHRYN SCHNARR

A team of third-year business management students has made Conestoga College proud. A simulated company run by Cordell Cameron, Jenna Lowry, Sara McKie and Malorie Ross has proven to be extremely successful in the Business Strategy Game. Their state-of-the-art athletic footwear company was ranked No. 1 in the world for two consecutive weeks.

The Business Strategy Game is an online simulation where students are divided into teams and instructed to run an athletic footwear company from the ground up.

Company tasks and operations correspond with those of a real company and students are expected to act as if it was the real world.

Plant operations, distribution, marketing and finance are just some of the factors that these students have to consider while building their businesses.

Ultimately, participants must strive to be respected and earn a great reputation as well as create a successful image for their companies within the global marketplace.

Over 250 schools attempted to be the best, selling their products in the simulated regions of Europe-Africa, North America, Asia-Pacific and Latin America. There are

currently 3,939 teams participating in the Business Strategy Game.

In an attempt to challenge participants, competition is not only among classmates. The University of Texas, California State University and North Carolina State University are only a few of the other competitors in North America.

"They should be very proud of their performance."

— Maureen Nummelin

Many other post-secondary institutions from around the world also participate in this simulation, including the Universidad de Guadalajara, located in Mexico.

In order to achieve first place, students had to meet or exceed the score of 3,987 points that other teams had achieved.

On the Conestoga College website, business management professor, Dr. Maureen Nummelin, only had positive things to say about the team.

"This is the best possible acid test of what we do as a business school," she said. "It enables us to compare our performance across countries and across institutions."

"It is a remarkable achievement for this group of students. They should be very proud of their performance."

How to apply to a new program

By EMILY GERRETT

For some, the program they are in is the perfect fit, while others find themselves changing their minds, or feeling unprepared for their chosen careers and in need of more schooling.

In the latter case, it's important for students not to forget what their high school guidance counsellors constantly reminded them of: the deadline for applying to college comes early.

Feb. 1 is the deadline for equal consideration. This means that any applicant who applies after this date will be considered on a first-come first-serve basis. For programs that are highly competitive, it is essential to get your application in before this date, especially if that program is the only one you apply to. You can check how competitive a program is by searching it through the col-

lege's website, or in the Ontario Colleges handbook.

Applying begins on the ontariocolleges.ca website. A username and password is required. You should also be prepared to make a payment to cover the application processing fee of \$95, which can be done by Visa, MasterCard or American Express. It can also be paid through online banking. This allows you to choose up to five programs to apply to, with no more than three choices at one college.

"I knew I wanted to go into the nursing program at Conestoga, and I wasn't going to apply to any others even though I had the option. But hearing about friends who only applied to one but then didn't get accepted made me decide to choose backup options just to be safe," said first-year business student Heather Bryan.

"When I switched to business this year, I applied to

the program at five different schools, even though I knew I wanted to stay at Conestoga. I did get in here, but knowing I had those other choices to fall back on saved me from a lot of stress."

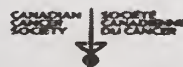
After choosing what programs and schools to apply to, you will need to send a copy of your transcript to Ontario Colleges. This can be done online by completing a request form on the ontariocolleges.ca website. If your program requires an interview before it will accept you and you need an official transcript in hard copy, you can get this through the Registrar's office.

Once the applications are completed, you'll have to wait to see if you've been accepted. You could hear back as early as Feb. 1.

"Clicking the button to confirm the program that accepts you is a great feeling," Bryan said.

Eating out tonight? Make a smart choice.

For healthy food choices, food safety and 100% smoke-free seating, choose an Eat Smart! restaurant. Contact the Waterloo Region Community Health Department at 883-2253 or visit www.eatsmart.web.net.



WikiLeaks creates a stir

By PAUL IRVINE

The United States was forced to scramble its diplomatic jets on Nov. 28 thanks to the largest-ever release of confidential documents by Freedom of Information crusader WikiLeaks, and we couldn't be happier.

The whistle-blower website has been all over the news for the last couple of months, due to a high profile information battle it is fighting against the U.S. government. WikiLeaks has been busy releasing information that the government would rather stay private, such as a video of a U.S. attack helicopter attacking and killing 12 people, including two Reuters staff.

Attempts have been made to discredit Julian Assange, who became the public face of WikiLeaks shortly before Sweden placed a warrant for his arrest on sexual assault charges, which were later dropped when it turned out there was little to no evidence that any such act took place. An Interpol warrant was placed on Nov. 18, which is disputed by Assange's lawyers. As of Nov. 24 he was placed under arrest in absentia.

Shortly before the release of the documents on Nov. 28, WikiLeaks was subjected to a denial-of-service attack in which their servers were overloaded with requests, the perpetrators of which are unknown.

Newspapers are all about being watchdogs and exposing the truth. Censorship is fought, and exposed. WikiLeaks has the same mission. Despite any taint that may arise from its association with Assange, it is important to know that WikiLeaks is a separate entity from its spokesman. Even if the charges against him are found to be true, it does not change the validity of the mission that WikiLeaks has been given.

As of the time of the writing of this editorial, it is unknown exactly what is included in the site's biggest dump of information ever, which the non-profit organization claims is seven times larger than the Iraq War release.

WikiLeaks says it has secured the information it is about to release, using an encrypted file with a hidden key that it plans to release in the event that an attack does manage to take down the site for more than a few hours. Staff there know governments resist giving out any information they do not have to. It will be interesting to see how much they can keep secret in an era of free information.

The views herein represent the position of the newspaper, not necessarily the author.

Letters are welcome

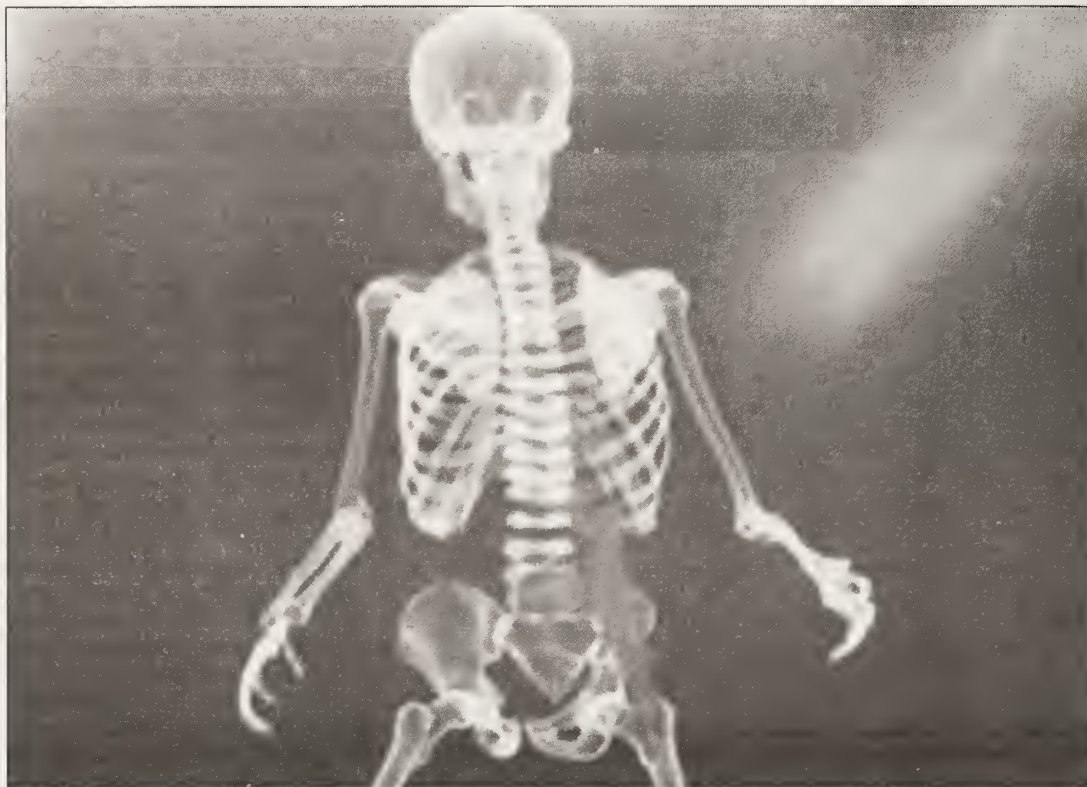
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No unsigned letters will be published. Letters should be no longer

than 500 words.

Spoke reserves the right to edit any letter for publication. Address correspondence to:

The Editor, Spoke, 299 Doon Valley Dr., Room 1C30, Kitchener, Ont., N2G 4M4



Wouldn't you want to know if a fellow passenger was packing some heat?

Nobody wants to touch your junk

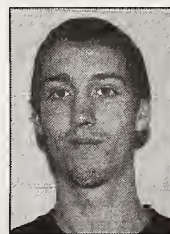
It has been strange times at airports in the past couple of months.

It started with Steven Slater, a JetBlue flight attendant who suffered a meltdown in August. Slater reportedly got into a verbal confrontation with an unruly passenger after landing at JFK airport, leading him to quit his job in an obscenity-filled rant on the plane's public address system. The frustrated Slater then deployed the emergency chute and slid his way into the headlines.

A mere three months later and there was another airport fiasco grabbing headlines, this time in regards to airport security.

John Tyner, a 31-year-old California software programmer, made the news after posting a video on his blog he shot on a mobile phone telling San Diego airport security that they could pat him down but "if you touch my junk, I'll have you arrested."

Tyner had refused to go through a new invasive scanner that takes a strip-search type image of passengers beneath their clothes. Under



Ryan Young
Opinion

new Transportation Security Administration (TSA) procedures, passengers are subjected to an invasive full body pat-down that includes having your groin checked if you refuse to go through the scanner.

It upsets me that people so clearly in search of attention have received it in spades. Tyner went as far as saying that if the TSA wasn't run by the government they would be guilty of committing sexual assault.

Am I the only one who thinks that's a little extreme? It's not like he was taken into a dark, private room and treated like a prisoner at Shawshank.

It's amusing that as we near the 10th anniversary of 9/11 people have seemingly forgotten the backlash airport security received at the time for being so lackadaisical. It wouldn't surprise me if

the majority of people who think invasive scanners and body searches violate rights were among those outraged that terrorists could strike so easily by commandeering airplanes.

Like going to the dentist or visiting your grandparents, people have to realize airport security isn't supposed to be fun, it's supposed to serve a purpose, in this case protecting you and your loved ones.

It's hypocritical to throw airport safety procedures under the bus when tragedy strikes and just as quickly complain when they make the appropriate changes to ensure it doesn't happen again.

If you're uncomfortable being patted down, go through the scanner that outlines your body without showing your face.

If you're concerned about radiation from the scanner being bad for you (too much sun is also bad for you), let a trained security staff member do his or her job.

And if those options are unacceptable, get in your car and drive to your destination.

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Alcohol awareness week educational

By ROBERT CONTE

What images come into people's minds when they think of college students? Do they see scholars and paragons of higher learning? Or do they see parties, binge drinking and bars?

Nov. 22 to 26 was Alcohol Awareness Week at Conestoga. CSI educated students about the dangers of drinking through fun events such as a live show in the Sanctuary featuring David Cavan Fraser and free "mock-

tails" as well as a non-alcoholic flip-cup tournament on Thursday. Despite the cheerful atmosphere, the issue of problem drinking among college students is very real. In general, studies have shown that college students consume a large amount of alcohol.

"I usually go out to drink once or twice a week to the point that I'm drunk. I don't really have any problems in particular with school or anything as a result of my drinking," said first-year radio broadcast student Gord St.

Denis.

Sandy Daoheuang, a business administration student, expressed similar feelings. "I probably drink twice a week till I'm drunk; I might have a casual drink once a week. Does it cause me any problems? I don't think so."

First-year mechanical engineering technology – automated manufacturing student Bashir Abdi said, “I drink maybe once a week. I haven’t had any problems with work, school, my friends, anything over my drinking.”

Although there are no statistics on the number of Canadian college students who are problem drinkers, studies have been done in the United States. According to the results of a 2001 survey which took into account 11,000 students at 119 U.S. campuses, heavy drinking is the norm at colleges and universities. Overall, 44 per cent of students said that they had engaged in binge drinking at least two weeks prior to the survey. One in five students abstained from alcohol in

2001; one in four can be classified as a binge drinker.

About 30 per cent reported missing class and 21 per cent said that they fell behind on their school work.

A large number of non-drinkers who participated in the survey reported second-hand problems with drinking, including being assaulted, having to take care of another drunken student or being insulted and humiliated.

Anyone needing help can visit Counselling Services in Room 1A101.

Today is a day to mourn and to take action

By VICTORIA SPRACKLIN

Twenty-one years ago, in a mere 22 minutes, 14 women lost their lives. Though Dec. 6 is a day for us to mourn and remember those we lost, it's also a day to remind women to take action.

"We remember because we understand the sentiments expressed by the gunman are echoed in the domestic acts of harassment inflicted upon women in the community,"

said Sara Casselman, community relations co-ordinator for the Sexual Assault Support Centre of Waterloo Region.

Dec. 6 has been deemed Canada's National Day of Remembrance and Action on Violence Against Women, instead of remembering it as the Montreal Massacre. "It's a very solemn event. But at the same time it's a call to action," said Casselman. "The issue still exists, and we still have a long way to go."

Horribly, 152 women were killed by their intimate partners, or former intimate partners, between 2002 and 2008 in Ontario alone.

"We can't consider these incidents to be isolated. It's pervasive," said Casselman. These statistics have been recognized, and a new shelter is being built in Waterloo Region to assist women in need. The need for another shelter arose when there was a shortage of beds at the Anselma House.

However, even though progress is being made, attention must still be brought to the situation at hand.

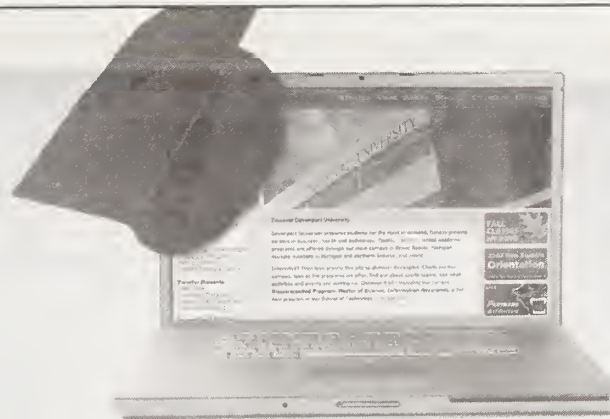
The Waterloo Region December 6 Coalition is holding a vigil in honour of the Day of Remembrance today at 7 p.m. at the Walper Terrace Hotel, 1 King St. W., in Kitchener. A candle-lighting ceremony will take place in honour of women who lost their lives to male violence. The Woman to Woman Choir

and the Bluevale Collegiate Chamber Choir will perform.

"Violence against women is the largest prevailing indicator of women's social positioning," said Casselman. She hopes this event will remind women (and men) to stand up and take action, and decrease the number of violent acts inflicted upon them.

All are welcome at the vigil.
For more information, call
519-571-0121 or 519-650-
0800.

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Offering people a night out of the cold

By LISA OLSEN

Churches are not the usual Friday night hangout. Yet, as I walk toward First United Church on the evening of Nov. 19, the building has a steady stream of people walking through its doors.

Through the dark, the wind slides in and out of the weaves of my sweater. There's a couple pacing the sidewalk, clouds of smoke hanging over their heads as their silhouetted hands rise to their mouths. I turn onto the walkway and pass by two men sitting on the step in front of the door, the glow from the lights of the open door illuminating their faces.

"Hey there! How are you tonight?" a raspy voice calls out. I turn toward him.

"Good, and you?"
"Pretty good," he coughs, pulls his sleeves down over his wrists and turns back to his friend, laughing.

Inside, there's a table with a gentleman and two women, all of retirement age, seated behind it. They're wearing name tags. Scattered on the table in front of them are sign-up sheets, with guests listing only their first names.

Next to the table is a large open room. Every Friday, the room is set up as a dining hall. Against the walls are single mattresses on the floor with mismatched bedding; next to the kitchen window are board games and just outside the room is a pile of unfolded clothing spilling out of garbage bags.

It's Friday, and that means it's First United Church's night to run the Out of the Cold Program: a service where local churches feed and shelter homeless men and women for one night a week during the winter months.

Cathie Stewart Savage has



PHOTOS BY LISA OLSEN

Clockwise from above: Bill Switzer, a volunteer with the program, gets the beds ready while guests eat dinner, Cathie Stewart Savage begins handing out dessert on Nov. 19, beds are laid out along the walls of the dining hall in the church and volunteers serve meals out of a kitchen window while others walk around to each table, ensuring that guests receive enough food.

been a co-ordinator of the program since it started in 1999. Dressed in a modest pale green shirt, slacks and runners, she plays with her name tag, swinging the lanyard around her neck as she speaks.

"This was the very first site for Out of the Cold. We did a pilot project here," she says. Four churches were involved in the initial eight-week pilot, with each church offering assistance to the homeless for two weeks. The first night, Cathie saw less than 10 people for supper and fewer than five stayed overnight.

But that didn't last long.

"By the end of the pilot project, it was obvious that there was a need," she said.

And that need has grown over the years. According to the Homelessness and Housing Umbrella Group's website, www.hhug.ca, 2,653 people accessed emergency shelters in the Region of Waterloo in 2005. That number doesn't include people who come solely for the meals.

Last year, the First United Church site served an average of approximately 110 meals and had 60 people stay overnight each Friday.

The night I visit is no different: the dining hall is full of men and women seated with each other, stabbing their forks into salad and silently chomping into sloppy joes.

It's a lot of work for Cathie and her husband and co-ordinator, Mike Savage, both long-time church members. Cathie puts in about 20 hours per week doing the shopping, laundry, volunteer co-ordination and taking the time to speak to the community about the project. Mike puts in about 10.

As I speak to Cathie, there is an ant farm of volunteers marching around her asking for advice and direction, from how to turn on the lights to paperwork woes. And they stop to find out how she is, coating her shoulders with hugs and her ears with humour. With her white hair

and soft eyes gleaming behind thin glasses, she answers each question with an even tempo.

She says she feels a calling to be involved in the program. She used to walk downtown Kitchener, unable to see the homeless. Now she does.

"The more I get to know the people who use our program, the more I know that they're people just like everybody else. They just need a little help to get by."

The First United site is at the corner of King and William streets in Waterloo. To support the program, the church has 130 volunteers, using about 40 per night, who make beds, prepare and serve food, supervise overnight and clean-up. Running from Nov. 1 to mid-April each year, the Friday night program is funded solely by the church and doesn't have any paid employees.

Cathie refers to the program as a "wet shelter," where people who have been drinking can still stay — as long as they're not being disruptive or destructive. For guests who come in with alcohol, the bottle is taken away from them, their names are pasted on it, and it is returned to them when they leave at 8 a.m.

It's not always a perfect system. "We have had people come in with overdoses and had to call ambulances."

But for Cathie, the good experiences are what keep

her moving ahead.

"(One of the most rewarding experiences has been) having people who've come up and said: I was in trouble, I was on the streets and I was able to come to you for a couple of weeks," she said.

People who use the service are expected not to have weapons or potential weapons, to not engage in verbal or physical violence and to keep their language clean. Or at least try to.

Don has been volunteering at the program for over 10 years. As I speak with Don, he tells me he doesn't want to provide his last name.


A man with a white beard sits next to Don, eyes smiling under his baseball cap. In a croaky voice, he heckles Don about talking to the media.

Don tells me he volunteers because he sees the need.

"It's a question of the churches doing things that the government doesn't do," Don says.

"That's true. That's true. I never thought of it like that," the man nods in agreement, his smile drops and a wave of reflection washes down his face.

And as I walk out those doors, past a half moon of chairs around a television set, I realize that most of us wouldn't dream of trading in our Friday nights to hang out at church, but for the people who volunteer their time, it's nothing short of a necessity.



Help !

EXAM WEEK

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Bylaw officers face lots of challenges

By GERALD UPTON

"I've had cellphones thrown at me," said Ian Misheal. "I've been called every name in the book."

Misheal is a City of Kitchener municipal law enforcement officer. He is above average height with a lean build and a determined look on his strong-featured face. He looks like the kind of guy you don't want to start a fight with. However, once you start talking to him you find that he is well-spoken, intelligent and considerate.

The city enforcement officers wear uniforms very similar to the Waterloo Regional Police. Like the police, they do have to deal with irate citizens.

"Generally people are not happy to receive parking tickets," said Misheal. "I've noticed that some people will take it personally. I don't think people are bad; I'd like to think people are good. Generally I just let them vent, take it out on me, and I just remain professional."

He went on to explain what he considered remaining professional to be.



PHOTO BY GERALD UPTON

Ian Misheal, a City of Kitchener municipal law enforcement officer, climbs into a company car. "If you treat people with respect they give it back to you," he says.

"Generally if you treat people with respect they give it back to you. That's what I do."

Misheal is a graduate of the Conestoga College police foundations program, as are roughly one-third of the officers working with law enforcement.

"We value the work that Conestoga College does in their programs and preparing graduates," said Shayne Taylor, director of bylaw

enforcement for the City of Kitchener. "We're getting some good graduates coming from the college."

The job is not just dealing with angry people. Kyle Uberschlag is another graduate from Conestoga. He took police foundations here and followed it up with the advanced police studies program, graduating in 2008. His sleepy look can fool you. He is lean and full of energy

and can move quickly.

Uberschlag worked undercover at a large chain store, arresting shoplifters. It was exciting at first, but became monotonous after a while. In October of last year he moved to the City of Kitchener staff.

"The best part about the job is that there is an ever-changing work environment," he said. "I've had days where a guy came at me with a bat and I was called every name in the book. The next day I'm helping an elderly lady downtown and talking to a group of youths playing basketball. It's a new challenge every day and it keeps me on my toes."

"I thought that it was a great stepping stone and potential career. This was more in my field, in the enforcement field. That brings with it a whole new bunch of challenges that I was looking for and definitely found."

The city deals with many types of complaints. Some of them include improperly discarded refrigerators, overly long grass or noxious weeds, property standards, illegal signs and snow removal.

Another duty is usually quite pleasant.

"I applied at Kitchener bylaw for a trail bike position," said Misheal. "It was temporary where I would ride a motorcycle on all the parks and trails in Kitchener and enforce the parks bylaws."

They also have some officers dedicated to parking enforcement, mostly in downtown Kitchener. Another area they deal with is business bylaw enforcement. This deals with businesses which are open outside of regulated hours, or are breaking zoning or other business regulations.

Mainly they deal with noise complaints.

"For safety purposes we carry a police radio," said Misheal. "We are dispatched through the police so the police know where we are at all times. We go to calls at 2:00 or 3:00 in the morning by ourselves. Sometimes to very large parties, so the radio use is a safety precaution. In case we need help we can immediately get it."

This may make it sound like a dangerous job, but that's more the exception than the rule. Misheal smiled when he said that sometimes when he goes to investigate a noisy party, they are friendly. Sometimes they even invite an officer in for a beer. Often party hosts just don't realize how loud their music has become, and are readily willing to turn it down.

Still, it can be wearing to be constantly reminding people that they are breaking the law.

"People are not pleased to see you when you show up at their door or when you hand them a ticket," said Misheal. "So the job can be stressful but we do have a nice support team there. We support each other."

Taylor also emphasized the people factor when he talked about what type of recruits he looks for.

"It's not just about school. School's important, obviously. But it does balance with your community work, your volunteerism, your people skills. We're always looking for well-rounded recruits."

"It's a very good chance of advancement," said Misheal. "We are unionized. There is a seniority list, so you do have to abide by that, but if you work hard and you put your mind to it there's definitely opportunity for advancement." Since you are a City of Kitchener employee, "There's opportunity for advancement anywhere in the city."

He also mentioned that, since you work with Waterloo Regional Police, you do get known to them. This makes it easier if you want to make the transition.

"The experience is phenomenal," he said, "especially for law and security students who want to use it as a stepping stone for policing, because we do have a very good relationship with Waterloo Regional Police and you get exposure to a lot of things."

It does have its lighter moments. Uberschlag remembers investigating an unusual noise complaint.

"(It was) from a deaf person. About loud music. He was feeling it. Actually it wasn't music; it was people walking above him. He was feeling the vibrations and he thought it was music."

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SCHOOL OF
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Educational assistants support disabled

By GERALD UPTON

Is there a regular attendee in one of your classes who looks like a student, listens and takes notes like a student, but is not enrolled in the class?

If so, that person might actually be paired with a student with severe disability problems. Educational assistants, as they are known, work under the auspices of the Disability Services department and are there to do everything they can to help their student benefit from and pass a particular course.

Sometimes they get ignored because other students may not be sure how to deal with people with disabilities and the non-students who come with them. Often, however, they become part of the social fabric of the class, accepted by those students who are more secure within themselves.

Anne Moore is the head of Disability Services. She is reasonably quiet but outgoing, with a shy smile and a motherly air about her.

"Disability Services provides accommodations to students throughout the campus who have documentation of a

disability," she said. "Students can access our services and set up an appointment with a counselor to have an intake interview. Through that interview, they determine what kinds of accommodations are needed to level the playing field for that student so that they can be an active member of the college community."

This can be temporary assistance such as reading a test paper to a student with reading problems, to providing an interpreter. It can involve helping a student learn to take notes, learn to be better organized, or to be able to work with specialized computer software. It can be as simple – or as difficult – as getting access to buildings or particular areas of buildings.

Disability Services, a department that many students may never even know exists, has a relatively large staff. Between administration and assistants, they have over 30 people working there.

This may seem like a lot, but Moore explained that in any school year they may be providing help to as many as 1,000 students.

"The majority of students

who come to us have a learning disability," Moore said, "where there would be no need for a classroom assistant. Basically it's about learning how to learn in this atmosphere."

However, for six to 10 students each term, it can be much more than that. For students who have motor control difficulties or blindness, getting a proper education can be a considerable challenge. This requires constant assistance in the classroom itself.

Anne Bramer is perhaps the most experienced educational assistant at the Doon campus. She is a dark-haired woman with a serious attitude but an infectious laugh. She has been working for Disability Services for several years. She explains how she became involved.

"I knew there was a need in Disability Services for proctors, so I actually started working here one-on-one with students who needed assistance when they were writing tests. They needed someone to write their notes or read their test for them. It just evolved from that."

After roughly four years of

doing that she decided to become more involved.

"There was a need for an educational assistant and they asked if I would be interested."

She said she still does not have the official training for the position.

"There is a one-year certificate program that you can do here at the college. I have not done that." Instead she worked her way into it, gaining the knowledge as she went along. Disability Services certainly thinks she can do the job, as they use her on a regular basis. Moore recommended her as one of her best educational assistants.

"I certainly have the resources (at Disability Services) if I need to ask for help," Bramer said.

There is a certain amount of turnover of EAs. The department can't always guarantee their EAs a definite number of hours, or even employment.

"A lot of people who apply for this position are on their way to teachers' college," said Moore, "and they want more experience in an educational environment. Some people are retired and are doing this. A lot of people use it for their

resumes, and to gain experience with the disability world."

When the department is in need of new EAs, they advertise on the college website, usually in August or September.

Bramer said that it's a job that pays reasonably well for the work required.

If you like working in an educational environment and working with people, it could be quite enjoyable. It also has some side benefits. You get to audit a wide range of classes.

"I'm learning PowerPoint and Illustrator and Adobe and all sorts of different other things," said Bramer. "I know a little bit about everything these days."

Bramer said she is a person-person, and finds she gets along with everyone she has had to help. She maintains contact with several of them. She said she just likes helping people.

"My best moment to date was sharing in the graduation of one of my students last year," she said with a smile. "That was very rewarding to go to the convocation and see her go across the stage and receive her certificate."

Student wins logo contest

By THOMAS PARENT

A first-year graphic design student's logo is the new image of a union local.

Craig Veenstra competed against other first-year graphic design students to create the logo for Local 527 of the United Association of Journeymen and Apprentices of the Plumbing and Pipe Fitting Industry of the United States and Canada, also known as the UA.

"It was easy to work with

them. It was great to get such positive feedback," said Chris Riehl, a business representative for Local 527. "We appreciate all the work they put into this as it's a pretty big event for us."

"Everyone is going to know that logo for the next hundred years. I'm extremely proud of all the students."

Veenstra said, "I spent a total of about 15 hours on the project."

"I really enjoyed putting in the time to do this."



PHOTO BY THOMAS PARENT

First-year graphic design student Craig Veenstra, centre, shows off his winning logo design for Local 527. He is accompanied by Ron Guse, left, and Local 527 representative Chris Riehl.

The Smashing Pumpkins have still got it

A new song by The Smashing Pumpkins became available for download on Nov. 23 on the band's official website, and I have to say I'm quite impressed.

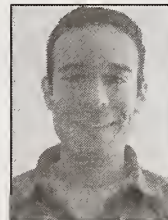
Although I continue to tell people The Smashing Pumpkins has been my favourite band of all time since 2001, the truth of the matter is that I stopped listening to them devoutly about four years ago.

I think this was largely because after the band broke up in 2000, I could only listen to its recordings for so long before I felt a desire to move on and seek something fresh.

Then, huge excitement swept over me when The Smashing Pumpkins sought a new beginning in 2006, seeing the reunion of founder/vocalist/guitarist Billy Corgan and drummer Jimmy Chamberlin.

But when co-founder/second guitarist James Iha and bassist D'arcy Wretzky didn't return, I was significantly worried about what my once-adored band would turn into.

Furthermore, The Smashing Pumpkins released a full-length album in 2007, titled *Zeitgeist*, which I thought was good



Nathan Rienstra
Opinion

but nothing spectacular.

And when 2009 brought Chamberlin's declaration that he too would be leaving the band, it became even more rare that I would listen to them.

But Tom Tom, being The Smashing Pumpkins' latest song, is refreshingly similar to the band's older music I once loved. It consists of a calm, subtle beginning, a moderately loud but smooth overall sound and a quiet part near the end, and all

this is combined in a smooth, perfected way.

In addition, this is only the seventh of 44 songs in what is planned to be a free, downloadable album titled *Teargarden* by Kaleidyscope.

Tom Tom, along with the album's previous song releases, can be downloaded completely free at www.smashingpumpkins.com.

If you haven't already, I strongly suggest you give this latest song a listen.

In my opinion it's one of the band's best songs in years, and I know I, for one, am slowly starting to see that when certain bands change, it may not always be the death of them.

I hope The Smashing Pumpkins' future releases continue to prove this theory.

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Private tutoring in math by recently retired professor with PhD and 38 years teaching. Most undergrad courses, including precalculus, first and second year calculus, statistics, matrix and linear algebra, discrete and financial mathematics, etc., plus statistics from other departments or business mathematics. Resident in Kitchener. Inquire: dgrant1946@gmail.com

House shows blare local sounds

By JONATHAN CHARLES

In the area, including Kitchener, Waterloo and Guelph, we don't have the largest selection of live music venues due to the much smaller population compared to larger cities such as Toronto.

Regardless, some of the venues in and around Waterloo Region can take some effort for musicians to book and some of the larger venues only host concerts for out-of-town and more established bands. Larger shows often happen at places such as The Wax and Elements.

Most of the places that do hold shows are usually bars and only available to those 19 and older.

"Before I could get into 19+ shows I didn't spend much time at shows. Whether that was due to a lack of options is hard to say, it also probably had a lot to do with my lack of knowledge on what was going on in the scene," said Dylan Schaefer, a Conestoga College broadcast television student and bass player for the Kitchener-Waterloo band, New Wings For Words.

Some of the well-known places to see live original music in Kitchener-Waterloo

are The Hive/The Joint, the Circus Room, the Boathouse and Maxwell's Music House. In Guelph there's venues such as Jimmy Jazz and the Shadow along with places such as E-bar, Vinyl and Van Goh's Ear that host concerts less frequently.

Since some people have trouble finding a place to go to listen to music, they bring the music to their homes.

Lots of house shows are one offs. Many students have gone to parties where a band has been invited to play for a crowded house of people sipping keg beer from plastic cups.

"House shows have their pros and cons, like all venues. There is an enhanced intimacy," said Cam Lindsay, a Conestoga College advertising student and bass player for the Kitchener-Waterloo punk band, Mighty Atom. "House shows have their downsides as well. They appear exclusively, are small which makes the audience smaller and prone to the destructive party-time mentality where the music isn't the focus, but the partying is, which can get the cops called on them."

Some people have ongoing house shows and even name their house like it is an actual

music venue.

Some past and present house venues in Kitchener-Waterloo and Guelph are the Screaming Fish, Trepid House, 207 Erb and the Upper Deck.

"I think house shows are a real asset to the community. It's hard for a lot of artists to find outlets for their work if it doesn't follow the typical mold of what most people find a band should sound like," said Tyson Cary Brinacombe, of the Trepid House.

House shows seem to generally be more about the music than making a buck for the venue. Not to mention people are generally there to enjoy the music, not like at bar shows where the majority of the crowd is just out for a night of drinking. Not that alcohol doesn't ever play a part in house shows, but the audience's main focus is the music.

"Having alternative spaces allows more people to express themselves more freely without feeling the constraints you feel playing music at a bar," said Brinacombe. "The audience at house shows is generally more accepting and anxious to hear the music compared to most other spaces."



PHOTO BY JONATHAN CHARLES

The band, Life in Vacuum, performs at a house show in Guelph on Nov. 26.

Recognizing Student Leadership in Ontario Colleges

The College Student Alliance (CSA) is proud to announce the unveiling of 17 annual scholarships that recognizes exceptional college and college-university student leaders across the CSA membership.

"This is an annual scholarship presented by the CSA Board of Directors to 17 outstanding individuals across the province, each of whom have volunteered with numerous organizations and have demonstrated outstanding leadership within their college communities" said Justin Fox, President of the CSA, noting that the scholarships were created by the 2010 CSA membership.

Applications will be accepted as of November 1 and conclude December 17, 2010. Each recipient of the scholarship will receive a financial award of \$1000.00, and will be presented their award at the CSA annual May Changeover conference.

"The scholarships will be awarded to students who demonstrate exceptional merit without regard to financial need," remarked Sheena Sonser, Vice President of CSA. "Far too often we are not aware of the hard work and dedication so many students put forth in support of their post-secondary institution and community. The CSA Scholarship will recognize and highlight their achievements."

The College Student Alliance (CSA) is an advocacy and leadership organization, which has been proudly serving Ontario's college and college-university students since 1975. The CSA currently represents 17 colleges and 25 member councils with over 135,000 full-time student members throughout the province.

For further information contact:

Justin Fox
President
College Student Alliance
T: 519-972-2727, ext. 4524
C: 519-566-7211
E: president@collegestudentalliance.ca

Burlesque is beautiful

Movie is a modern day Moulin Rouge

By VICTORIA SPRACKLIN

Shimmering sequins, voluptuous vocals and colourful costumes dance across the screen in the film *Burlesque*. The movie, which opened in theatres on Nov. 24, stars singing sensation Christina Aguilera in her first major role, and pop veteran Cher, as they share the stage in seductive roles.

Ali (Aguilera) is a small-town girl who runs off to Hollywood in hopes of a singing career. She discovers the world of burlesque dancing, and the frigid owner Tess (Cher), who won't let just anyone on her stage. Though the *Burlesque* Lounge is at risk of foreclosure, Tess fights to keep the stage alive, while Ali climbs her way to the top, one stiletto to stomp at a time.

Aguilera definitely makes up for her last flop of an album *Bionic*, with this role. She reminds us of her powerful, soulful voice when she belts out the classics such as

Movie Review



Something's Got a Hold On Me by Etta James. Viewers should also be relieved to know that Cher still has her A-game, and while she does wear some suggestive outfits, she keeps it tame.

The film also stars Stanley Tucci as Tess's endearing assistant, and Kristen Bell as Nikki, the frosty front-runner of the *Burlesque* Lounge. Both are sure to become audience favourites, as they go above and beyond in their portrayals.

Although the plot is absolutely predictable and the acting is weak in some scenes, it's still an enjoyable show. The ladies will enjoy the songs and dances and the men will enjoy the "costuming." It's certainly cheeky (in



INTERNET PHOTO

The movie *Burlesque* opened in theatres on Nov. 24 and stars Christina Aguilera and Cher.

more ways than one).

I give *Burlesque* 4 out of 5 stars. It's a modern day *Moulin Rouge* that will have the audience singing along, and possibly plotting out some new outfits for the boudoir.



HOROSCOPE

Week of December 6, 2010



Aries

March 21 -
April 19

Santa Claus's trip to your house this year will be fraught with peril. Your chimney hasn't been cleaned in years!



Libra

September 23 -
October 22

You will find the worst Christmas tree out of the bunch, but in the process will learn the true meaning of Christmas.



Taurus

April 20 - May 20

You will finally get that Red Rider BB gun that you have always wanted. You will also put out someone's eye. What have people been telling you?



Scorpio

October 23 -
November 21

You will get run down by the Governor of California as he works to find a toy for his child. Physics, in this case, wins, and you will lose.



Gemini

May 21 - June 21

An angel will take you on a guided tour through a world where you have never been born. You will learn that it would have been better off. Sorry!



Sagittarius

November 22 -
December 21

You will discover that Santa is really an evil robot alien from the future. Remember to carry a ray gun at all times this holiday season.



Cancer

June 22 - July 22

You will find that you are actually an elf, and you were switched at birth. A trip to the north pole will allow you to meet your birth parents, and your polar bear nanny.



Capricorn

December 22 -
January 19

You will be turned into an intelligent snowman, and all of your magic power will be concentrated into a felt top hat.



Leo

July 23 - August
22

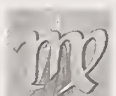
You are the grinch. You will steal Christmas from all the Whos down in Whoville. Your heart will not grow three sizes. The Whos are screwed. YEAAAAAAA!



Aquarius

January 20 -
February 18

You will defeat evil Alan Rickman, and his group of German mercenaries. Now you have a machine gun. Ho. Ho. Ho.



Virgo

August 23 -
September 22

Congratulations on the dedication of your new Temple, Virgo! This is a big achievement! Mazeltov!



Pisces

February 19 -
March 20

You will willingly join a chain-gang of reindeer who Santa employs as slaves. You will work very hard for no pay. Still, enough carrots for all.



Paul Irvine carefully examines the stars and then ignores them for your amusement.

Condors lose at home

By BRANDON REOCH

The season struggles continued for the Conestoga women's volleyball team as they dropped their seventh game of the season to the visiting St. Clair Saints.

The 3-0 loss put Conestoga in second last place in their division and was an easy win for the Saints.

All three sets consisted of mostly Conestoga errors, but the games had some bright spots.

Chelsea Bresolin of Conestoga was a beast at the net, not allowing any spikes past her and had some kill

shots herself. Danielle Pauze continued her stellar defensive play, making countless digs to keep Conestoga in the game. In the end, however, the errors outweighed some of the great plays Conestoga made.

"It was a low offensive game and high in the dig category," said St. Clair head coach Chris Brecka.

The Condors continue to look more and more like a volleyball team after each game even though they are still trying to become acquainted with playing well on a consistent level.

"We practise hard and we

need to transfer that over to our games," said le barrel Danielle Pauze.

The Saints played simple, effective volleyball with no star performances but smart play all around.

"We knew we had to make Conestoga make mistakes and we got the ball deep on their side and forced bad plays when we were at the net," said Brecka.

"They have a young team and have a lot of talent so we needed to play mistake-free volleyball."

The Condors' next game is Thursday when they face the Redeemer Royals in Ancaster.

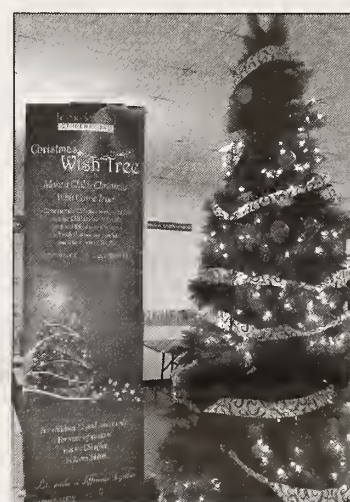
Make a Christmas wish come true

By ERIN FARRAR

Conestoga Students Inc. is encouraging students to get into the holiday spirit early and sponsor a child for their Christmas Wish Program.

Some students who have a child or children 12 and under and who are in financial need can benefit from this program. All they need to do is register at the CSI office and then hope they are sponsored. If they are, a Christmas present will be purchased for their child.

The program operates on a first come, first serve basis but CSI staff hopes to help as many children as possible have a happy



Christmas. Last year, the wish program assisted 47 different families. This year

37 students signed up by the Nov. 30 deadline.

When students sign up for the program they are able to make a list of preferred gifts for their child.

"They can write anything on the suggested list of what their child might like," said event co-ordinator Tara Herriot. "However, the suggestions might not be what they fully receive from the sponsor."

Sponsoring a child this Christmas will let you bring happiness to a family this holiday season. Donors are invited to come to the CSI office in Room 2A106 until Dec. 10 where they will be given a child's wish list.



COUNSELLOR'S CORNER: DEPRESSION

Most of us have experienced waking up in a bad mood or "feeling the blues". These feelings are usually of short duration and have minimal impact on our lives. Some

people experience sadness, loneliness, hopelessness, self-doubt, and guilt for weeks, months and even years. These experiences characterize depression, an illness believed to affect one in ten.

Here are some signs which might indicate that you or someone you care about is experiencing depression:

FEELINGS- loss of joy in formerly pleasurable activities; crying a lot or feeling emotionally "empty"; hopelessness; worthlessness; loss of warmth towards key people in life; loss of sexual desire; deep sense of shame or self-doubt.

PHYSICAL- overwhelming exhaustion and lack of energy; insomnia or sleeping too much; loss of appetite or over-eating; physical aches and pains; digestive problems; headaches.

BEHAVIOUR- irritability, withdrawal; neglect of responsibilities or appearance; reduced concentration, memory or ability to cope with daily activities.

If these symptoms persist, or if their intensity is causing you to consider **suicide** as an option, it is important to seek assistance with a knowledgeable professional immediately 1-866-366-4566. On campus, counsellors are available in Counselling Services (1A101); a nurse and doctor are available in Health Services (1A102).

A Message from Counselling Services, 1A101

Condors soar above Grizzlies

By **ROBERT CONTE**

The men's extramural hockey team were crowned champions of a Nov. 19 tournament, after defeating the Georgian-Barrie Grizzlies 1-0. The team was competing in the "A" Championship of the Fall Faceoff Ice Hockey Tournament hosted by Georgian College in Orillia.

"To compete against some of the best teams in the province and allow only three goals in four games is a testament to the character and discipline that this group of players has," said head coach Kevin Denomme.

The Condors opened the tournament with a 5-0 win over Canador College from North Bay. The team followed up with another triumph over the highly ranked team from Sheridan-Oakville 3-0. Durham College, another highly ranked team, fell to the Condors 4-2. The championship matchup pitted the Conestoga team against the Georgian-Barrie Grizzlies.

"By the five-minute mark of the first period our players believed they were the better team and were going to win. Despite the fact that the game was scoreless until late in the third, our players continued to

believe that if they continued to play disciplined and stick to their game, they would come out on top," said Denomme.

They played their best game of the tournament, taking the championship and guaranteeing themselves a spot in the year-end Challenge Cup tournament.

"Our expectations coming into this tournament were to continue to gel as a team, be competitive in every game and gain as many power rating points as possible in an effort to gain a berth in the year-end Challenge Cup tournament. We accomplished all of that in winning the championship," said Denomme.

After two tournaments the Condors have a record of five wins, one loss and one overtime loss. In the seven games played this season, they've only given up eight goals.

"In particular our two goalies, Steven Rounds — two wins, both shutouts, no losses — and Tyler Walker — two wins, no losses, one shutout — as well as our entire defensive core played exceptionally well," said Denomme.

The team now looks forward to playing in the Challenge Cup tournament and bringing home another win for Conestoga.



PHOTO SUBMITTED

The men's extramural hockey team beam with pride on the ice after winning the championship at the Fall Faceoff Hockey Tournament in Orillia on Nov. 19.

They're getting better all the time

By **CASSANDRA BOURGEOIS**

The St. Clair Saints seemed to have some divine assistance against the Conestoga College men's volleyball team on Nov. 26.

Though the game resulted in Conestoga losing three sets to two, it was the first one in which the team really started to show they were becoming a cohesive unit.

"The team is starting to blossom and come into their own," said the coach, Ariel

Castromayor. He said they "played one of the most consistent games this season so far."

During the match, Conestoga player Matt Dicks had 29 kill shots, missing the Ontario Colleges Athletic Association record for most kills in a match by only four. The record is held by Ben Cambridge, from Cambrian College, who had 33 kills in a match during the 2009-10 season.

Although, according to Castromayor, the team out-

played St. Clair, in the end they gave away the game in errors. However, their performance bodes well for future games.

This is the first year Conestoga College has had a varsity volleyball team since the 1993-94 season. With the team of fresh faces starting to come into its own, a victory may not be too far around the bend.

Conestoga will play its next game against the Redeemer Royals on Dec. 9.

Registration for Winter 2011 leadership workshops
opens Mon Jan 10th at 9am

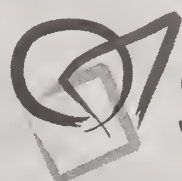
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